

Weekly Update from O'Shea Irish Dance Administrator

Friday, January 17, 2020

Important Dates - Mark Your Calendars

- **Jan 20** - **OID Closed for Martin Luther King, Jr. Day**
- **Jan 22** - Costume Catch-up
- **Jan 25** - 2020 Feis Fair - Later Start - Shorter Time
- **Feb 7 & 8** - Celtic Junction Feis - REGISTER TODAY!
- **Mar 15 & 17** - Day of Irish Dance and St. Paddy's performances at Landmark Center

OID closed Monday 1/20 for MLK Day

There are no classes on Monday, 1/20 in observance of Martin Luther King, Jr. Day. All classes will resume Tuesday, 1/21. We will remain open on Presidents' Day (2/17). Monday dancers are welcome to choose another day for a makeup class.

Costume Catch-up Day

Marlys will be at the Junction on Wednesday, January 22 from 6:30 pm to 8 pm to answer questions and address concerns about class costumes. This is also an opportunity for new dancers to get fitted for a class costume if you don't already have one.

Celtic Junction Feis - LAST DAY TO REGISTER W/O A LATE FEE

The Celtic Junction Feis (Feb 7 and 8) is open for registration at www.feisworx.com. Championship level competitions (PC/OC) will take place Friday. First Feis and grade level comps (ALL First Feis, Beginner 1 & 2, Novice and Prizewinner) will take place on Saturday. The CJ Feis is an EASY no-wig, blackout feis. **TODAY IS THE LAST DAY TO REGISTER WITHOUT A LATE FEE!**

Get Your Tickets for Kickin' It Irish Now

The 2020 production of Kickin' It Irish is in rehearsals now will be performing nine shows at the Celtic Junction, one show at Chanhassen Dinner Theatres and one show ON ST. PATRICK'S DAY at the O'Shaughnessy Auditorium! Showtimes, tickets and more info at kickinitrish.com.

O'Shea Irish Dance - All-School Performances at Landmark

Our performance times for Day of Irish Dance (3/15 - whole school) and St. Patrick's Day (3/17 - select groups) are set. The Landmark performances along with Irish Fair in the summer, are our two big all-school performance opportunities of the year. We're looking forward to having everyone perform. Save the dates and times. Forms and rubrics coming soon!

- March 15 - 11:00 am - 40 minute performance
- March 17 - 10:40 am - 30 minute performance

2020 Feis Fair Info and RSVP

The 2020 Feis Fair is **SATURDAY, JANUARY 25 from 11 am - 1 pm at Celtic Junction**. The Feis Fair is a fun opportunity for dancers and families to try a feis for the first time, learn about volunteer opportunities, and practice for the real thing. The schedule, based on class level, appears below.

While this is not a required event, all OID students in feis levels prizewinner and below are **STRONGLY ENCOURAGED** to attend. If you're planning on the 2020 Celtic Junction Feis being your first feis, please make every effort to attend in this easy, low-stress, supportive environment. Championship dancers will have the opportunity to get official volunteer/service hours for school and / or church and support OID's up and coming dancers. It will be held in lieu of classes this day. So we know how many to expect we ask that you [RSVP here](#) to let us know if you plan to participate or volunteer. Please contact oidadmin@osheairishdance.com if you have any questions.

WHO: Feis Fair is a TRAINING Feis at The Celtic Junction for ALL students Preschool through the Prizewinner Feis level. Champ dancers will help will practice with the younger students, guide them and run the stages. IDPA will be there to talk about volunteering - it will be fun for the whole family!

WHAT: Dances will be demonstrated and repeated, and feis "competitions" customized to encourage students and get them excited about where they are at as we head into spring. Teachers have been working for the last four months in classes to prepare them for this mid-term marker. There is no additional practice or class needed to participate.

SCHEDULE: The Feis Fair will be at Celtic Junction & will progress through the levels:

- 11-11:45 am Preschool through Beginner
- 11:45- 12:30 Primary 1 & 2 dancers
- 12:30-end Intermediate through Advanced dancers (non-champ)

New Hours for Irish on Grand

Maeve O'Mara from Irish On Grand asked us to spread the word that they're changing their store hours. They're now closed on Mondays and close at 6 pm on Thursdays. Weekly business hours are:

- Sunday - 11 am to 4 pm | Monday - **Closed** | Tuesday through Saturday - 10 am to 6 pm

Myofascial Release Therapist at CJAC on Wednesdays

Bodywork therapist, Derrick Lundberg, LMT is at CJAC on Wednesdays from 5 pm to 8 pm. Derrick's unique skill is in getting right to the heart of the problem with his training in osteopathic manual therapies such as cranio-sacral visceral manipulation, neural manipulation, and myofascial release, as well as traditional massage, and acupuncture.

Mr. Lundberg is offering initial 20-minute appointments for OID dancers for \$15, which includes a five-minute assessment and a fifteen-minute treatment. Following your initial assessment, he is available to you for additional appointments for \$1 a minute. His services are open to all dancers, parents, and family members. Parents are encouraged to come in with their dancers, as he is full of insights for you both! We have a private page link for [CJAC appointments only](#), although he does treatments all around the cities, which you can see on his homepage. You can book a CJ based appointment at the link above.

LOOK FOR YOUR NEXT WEEKLY UPDATE ON FRIDAY, JANUARY 24, 2020